

Laundry Care Kit for the College-bound

A well thought out laundry care kit can make your favourite college student's life a little easier.

Since space in most dorm rooms is limited, Shannon Coombs, President of the Canadian Consumer Products Association (CCSPA), recommends gathering the laundry supplies first and then selecting a plastic carry caddy that will house them conveniently and efficiently.

Handy supplies can include:

- Detergent - Look for small packages that take up less storage space.
- Bleach - Nonchlorine (oxygen) bleach will help keep your student's coloured garments bright and white garments white.
- Pre-wash stain remover - Available in convenient stick or spray formulas, these are useful for treating spots and stains before dropping items into the washing machine.
- Stain stick, pen or gel - Stains can be treated and laundered anytime within a week.
- Stain removal wipes - Designed to treat stains on contact, these wipes can be applied while wearing garments and are safe for most dry-cleanable fabrics.

For more information about laundry cleaning and a link to the meaning of fabric care symbols, check out the CCSPA's website at www.healthycleaning101.org.